

## Key influencers

A warm welcome to our new key influencers.

And thank you to our existing key influencers who work on site every day to improve safety.

There is a list of all our key influencers on the website at

[www.vgcgroup.co.uk/key-influencers](http://www.vgcgroup.co.uk/key-influencers)



## Daylight saving - time change

Please be aware that on Sunday 30 October the clocks will go back by one hour at 02:00.

Keep in mind:

- Do not exceed your allowed working hours.
- Ensure you have the required rest period between shifts.



You have eight weeks left to take your annual leave - use it or lose it!

There will be some possessions booked when you **won't be allowed leave, so get organised now.**

**Ask your labour manager if you aren't sure how much leave you are entitled to.**

**Remember, you can't carry it over into 2017.**

To book annual leave please fill in the leave request form at [www.vgcgroup.co.uk/form](http://www.vgcgroup.co.uk/form)

## Make sure you report all accidents and incidents

If you have an accident at work you must report this to your supervisor and your VGC labour manager as soon as possible.

**It doesn't matter how small it is - we need to know.**

By reporting your accident, you may prevent someone else being much more badly hurt in future.



## Buried services

With less daylight in the winter, buried services may not be as easy to see as they are in summer.

Please take that extra bit of time to ensure that you have positively identified all services before

## People - plant interface

There was a fatal accident on Monday 10 October on the M1 motorway: a person come into contact with a 6 ton dumper.

While the investigation is still ongoing, it is clear that the plant and the person who died should not have come into contact with each other.

Please ensure that there is no possibility of this occurring to you or your team. If you have any course for concert then stop immediately and contact a supervisor.

Any contact between plant and operatives will result in an injury, which will probably require a hospital stay - at the least.

Consider who would tell your family if you were injured. How would your family travel to visit you if you were in hospital?



## See it, share it

Thank you and congratulations to John McGarry for winning the **monthly 'See it, share it' prize** draw.

John had identified that CAT scanning had not been done before de-vegetation started.

Remember to send us good practice, close calls, near misses and ways to improve.

- Text 07876 448 119
- Email [BeSafe@vgcgroup.co.uk](mailto:BeSafe@vgcgroup.co.uk)

(John is now a key influencer - thanks, John!)



## Movember

Movember aims to raise awareness of men's health issues.

A recent health check suggested that 67% of our workforce may be overweight!

Try to eat a healthy diet to reduce your chance of getting cancer, diabetes and high blood pressures.

If you have any questions regarding health issues please contact your VGC labour manager or HSQE department - 01895 671 800.

Send us your photos of your **Movember 'tache for us to share on Facebook!**



## Waste segregation

Separate waste correctly to minimise costs and maximise recycling.

Disposing of waste incorrectly could pollute water and soil, and damage habitats.

You can help:

- Ensure you have been briefed on how you should dispose of waste on each job.
- Place waste in the correct skips.
- Re-use items where possible.
- Ensure each waste shipment has a waste

