

# Working at height

Working at height remains one of the biggest causes of site deaths and major injuries.

You are working at height if you are in a place where, if there were no precautions in place, you could fall far enough to cause personal injury.

137 people were killed at work in the UK between April 2016 and March 2017. 25 of these deaths were the result of a fall from height.



## Don't be a statistic

More than 10 million workers in the UK are estimated to carry out jobs involving some form of working at height every year.

If you work at height, make sure

- your work is planned
- you are properly trained
- you have the right equipment.

You have a legal duty to take reasonable care of yourself and others who may be affected by your actions. You must co-operate with us to comply with our health and safety requirements.

## The law says you must

- report any safety hazard you spot
- use equipment and safety devices properly as instructed.



If you have a concern regarding working at height on your site, raise it with your supervisor or manager immediately. If you feel this is difficult,

- text the Be Safe number on [07876 448 119](tel:07876448119)
- email [besafe@vgcgroup.co.uk](mailto:besafe@vgcgroup.co.uk)
- or use our whistleblowing form at [www.vgcgroup.co.uk/whistle](http://www.vgcgroup.co.uk/whistle).

Don't wait until an incident occurs.