

See it, share it

Thank you to Sanjeev Gaddu on the Balfour Beatty Vinci M6 project.



A member of the public followed his vehicle through the works access into the worksite. Sanjeev spoke to the driver, and led them to a safe area away from the access point. Then he contacted the section foreman.

Sanjeev stayed with the driver and reassured them until the foreman arrived.

Text [07876 448 119](tel:07876448119)

Email besafe@vgcgroup.co.uk

PPE reminder

Please remember to wear the correct PPE for the task. Your boots must be S3 standard, with full sole protection.

We provide boots and gloves free of charge to meet your safety needs.

If you need new PPE, please speak to your line manager.

Plant people interface

An operative (non-VGC) was recently crushed by a mini-digger during an unloading operation.

The company knew there was a risk because operatives would be unloading near the digger. However, they did not have suitable plant people interface controls to protect the workers.

Last year 147 workers were fatally injured at work.

30 of these people were construction workers.

Please do not be a statistic - be safe

- Report anything unsafe.
- Think about who could get hurt! If you feel it is unsafe, even if you have been told it is safe, stop.
- Do not carry on until you are sure everything is resolved.

You are responsible for your own safety.

Hand safety week

In 2017-2018 there were 197,000 reported injuries to people's necks, arms and hands.

Every injury has an impact on a person's family and their finances. A bad injury can change your life.

- Follow the site safety rules.
- Use the correct gloves. But be aware that the wrong type of glove can sometimes give a false sense of protection.
- Use correct manual handling techniques.
- Follow the safe system of work and stop if anything changes.



vgcgroup.co.uk/hands

Single use plastic

- Single-use plastic is any plastic that is used only once before it is thrown away. For example: grocery bags, water bottles, plastic food wrappers.
- Earthday Network estimates that nearly half of all plastic production in 2016 was for single use plastic. The BBC reports that about eight million tonnes of plastic end up in our oceans each year.
- Small changes will add up to a big difference. Takeaway coffee cups and plastic water bottles are one area where we can all easily make a change. Use a travel mug or a sports drinks bottle instead.



Fairness, inclusion, respect: language

Careless language can be offensive and intimidating. It can upset other people.



Please do not:

- Poke fun at people's differences - even if they are not there
- Make offensive jokes
- Exclude people from a group
- Be threatening
- Call people names
- Swear

One person's 'banter' can be another person's bullying.

So please be careful of the language you use.

If you need any support, please

- contact your manager or the HR team
- or use our confidential whistleblowing online form at vgcgroup.co.uk/whistle

Silica and dust

- Bricks, tiles, concrete and mortar contain large amounts of silica.
- Cutting, drilling and grinding these materials creates silica dust.
- Some of this dust is fine enough to get deep into your lungs. This silica dust is too fine to see with normal lighting. It is the second biggest health risk to construction workers after asbestos.
- If you are at risk of breathing in silica dust you must wear respiratory protective equipment (RPE) such as a dust mask.
- Never start any task which might create dust unless you are wearing RPE that you have been face-fit tested for.



This tiny amount of silica dust is the very most you should breathe in in one day

